

# Rialto Unified School District

Feb 3, 2025 thru Feb 7, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 02/03/2025																
Middle School Lunch	Total	3199														
Pull Apart Bread 2024	Serving	400	346	30	1059	2.38	11.36	277.8	898	13.54	*3	17.44	41.36	14.38	5.05	*0.00
Sauce, Marinara '22	Servings (4oz)	400	56	0	429	2.38	1.65	34.8	761	13.06	*2	2.45	12.39	0.4	0.05	*0.00
Chicken, Teriyaki and Rice '24	BOX(2M MA/2G)	400	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken, Tangerine Sec-'24	BOX(2M MA/2G)	400	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
PEPRONI PIZZA WEDGE ROS E&SHORE	Wedge(2 MMA/2G)	400	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
Spicy Chicken Sandwich WG-2013	Sand(2M MA/3G)	422	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Burritos	400	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
PROTEIN BOX MIDDLE SCHOOL '24	1 EACH	422	617	27	902	9.34	4.57	290.8	3163	15.46	*6	16.79	58.43	41.22	9.75	*0.12
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTTESTREET CORN IN A CUP 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, Plain FRESH '24	5 OUNCE	800	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	400	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BERRY BERRY BLUE '23	container s, 4oz	400	80	0	0	0.00	0.00	0.0	75	90.0	15	0.0	19.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	container s, 4oz	400	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Feb 3, 2025 thru Feb 7, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Page 3

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 02/03/2025																
	2 pint)															
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			689	52	1161	1762.6	4.80	519.6	6591	41.79	*38	29.66	100.61	20.12	5.59	*0.05
% of Calories											*22.2%	17.2%	58.4%	26.3%	7.3%	*0.1%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Feb 3, 2025 thru Feb 7, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Page 4

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 02/04/2025																
Middle School Lunch	Total	3199														
ENCHILADA,SCRATCH,beef24c t '22	1 Ser(25 ct	400	247	48	390	1.40	1.22	231.1	564	1.58	*1	13.82	15.68	14.37	6.80	*0.17
Chicken, Teriyaki and Rice '24	BOX	400	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken,Tangerine Sec-'24	BOX	400	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
CHEESEBURGER,W/ BUZZ'23	1 EACH	300	331	62	547	3.00	3.24	232.5	175	0.0	*3	23.5	29.68	14.05	5.59	*0.16
Spicy Chicken Sandwich WG-2013	1 EACH	422	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Serving	400	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
spicy chicken/tapatío salad	1 EACH	422	410	51	868	6.24	3.38	55.1	1686	11.72	*10	22.4	43.32	18.27	2.72	*0.01
PEACH CUP	1 EACH	500	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
APRICOT CUP	1 EACH	100	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Mixed Berry, Froz. 2018	1 each	100	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTSTREET CORN IN A CU P 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, Plain FRESH '24	5 OUNCE	800	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			621	59	994	1761.9	3.28	457.4	6124	36.50	*36	29.68	90.53	16.25	4.39	*0.07
% of Calories											*23.4%	19.1%	58.4%	23.6%	6.4%	*0.1%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

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Feb 3, 2025 thru Feb 7, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 02/05/2025																
Middle School Lunch	Total	3199														
Grinder, ham&cheese-2021	1 EACH	400	286	38	1518	3.00	1.86	187.2	199	0.0	*5	20.9	34.67	8.87	2.79	*0.00
Lettuce & tomato cup	serving	400	10	0	6	0.82	0.26	11.3	378	3.13	1	0.61	2.12	0.1	0.01	0.00
Chicken, Teriyaki and Rice '24	BOX	400	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken, Tangerine Sec-'24	BOX	400	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
PEPRONI PIZZA WEDGE ROS E&SHORE	1 EACH	400	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	422	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Serving	400	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Wrap, CRUNCHY CHICKEN 2024	1 EACH	422	503	114	880	5.15	3.33	133.1	3210	15.38	*2	26.91	44.78	25.45	7.14	*0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	500	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 CUP	100	32	0	129	1.60	0.61	22.6	35	1.45	*0	1.72	5.86	0.31	0.06	*0.00
ELOTSTREET CORN IN A CUP 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, Plain FRESH '24	5 OUNCE	800	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00

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Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Page 7

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 02/06/2025																
Middle School Lunch	Total	3199														
NACHOS,CHEESE / CK 2021	1 EACH	400	436	43	914	6.00	3.87	528.4	684	0.28	*1	11.71	40.06	25.06	9.68	0.49
Chicken, Teriyaki and Rice '24	BOX	400	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken, Tangerine Sec-'24	BOX	400	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
CHEESEBURGER,W/ BUZZ'23	1 EACH	300	331	62	547	3.00	3.24	232.5	175	0.0	*3	23.5	29.68	14.05	5.59	*0.16
Spicy Chicken Sandwich WG-2013	1 EACH	422	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Serving	400	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
SALAD,CHEF, '24	1 EACH	422	346	135	832	1.51	1.84	207.1	897	9.15	*5	16.47	22.97	23.29	5.73	*0.00
PEACH CUP	1 EACH	500	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
APRICOT CUP	1 EACH	100	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTSTREET CORN IN A CUP 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, Plain FRESH '24	5 OUNCE	800	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			636	69	1055	1761.9	3.41	514.6	6035	36.00	*36	28.63	90.89	18.24	5.15	*0.11
% of Calories											*22.4%	18.0%	57.2%	25.8%	7.3%	*0.2%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Rialto Unified School District

Feb 3, 2025 thru Feb 7, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 02/07/2025																
Middle School Lunch	Total	3199														
CHICKEN,JERKED '23	2 OZ	400	136	50	47	0.01	0.73	8.8	95	0.01	*0	15.49	0.05	7.71	2.15	*0.00
POTATO ROUNDS,SIMPLOT-2022	SERVING	400	141	0	256	1.68	0.43	7.1	10	4.05	0	1.41	15.86	8.0	1.20	0.04
Rolls, dinner,wht GalassosSEC	1 each	400	80	0	149	1.00	1.00	47.8	10	0.0	2	2.99	15.94	1.0	0.00	0.00
Chicken, Teriyaki and Rice '24	BOX	400	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken,Tangerine Sec-'24	BOX	400	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	422	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Serving	400	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Salad, TACO '23	1 each	422	704	72	997	11.68	5.20	332.3	1655	10.58	*8	32.35	65.49	37.6	10.35	*0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTTESTREET CORN IN A CU P 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, Plain FRESH '24	5 OUNCE	800	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	700	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BERRY BERRY BLUE '23	container s, 4oz	700	80	0	0	0.00	0.00	0.0	75	90.0	15	0.0	19.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	container s, 4oz	700	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	1 EACH	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Rialto Unified School District

Feb 3, 2025 thru Feb 7, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			670	56	973	1762.2	3.42	450.2	6237	46.32	*41 *24.8%	29.46 17.6%	99.52 59.4%	17.76 23.8%	4.44 6.0%	*0.04 *0.1%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

Weighted Average			652	60	1068	1762.1	3.63	485.1	6279	37.63	*37 *51.6%	29.72 18.2%	94.86 58.2%	17.93 24.8%	4.91 6.8%	*0.06 *0.1%
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Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	652		600 - 700	100%				
Cholesterol (mg)	60							
Sodium 1 (mg)	1068		1360	79%				
Sodium 1a (mg)	1068		1225	87%				
Fiber (g)	1762.13							
Iron (mg)	3.63							
Calcium (mg)	485.1							
Vitamin A (IU)	6279							
Sugars (g)	37	22.91%			Missing			
Vitamin C (mg)	37.63							
Protein (g)	29.72	18.23%						
Carbohydrate (g)	94.86	58.19%						
Total Fat (g)	17.93	24.75%	<=30.00%					
Saturated Fat (g)	4.91	6.77%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.06	0.09%			Missing			

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# Rialto Unified School District

Feb 10, 2025 thru Feb 14, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 02/11/2025																
Middle School Lunch	Total	3199														
QUESADILLA, Spicy, Chicken 2020	1 EACH	400	311	45	546	3.00	1.67	325.1	334	2.13	*1	16.97	29.7	13.55	6.33	*0.00
Chicken, Teriyaki and Rice '24	BOX(2M MA/2G)	400	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken, Tangerine Sec-'24	BOX(2M MA/2G)	400	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
CHEESEBURGER,W/ BUZZ'23	1 EACH	300	331	62	547	3.00	3.24	232.5	175	0.0	*3	23.5	29.68	14.05	5.59	*0.16
Spicy Chicken Sandwich WG-2013	Sand(2M MA/3G)	422	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Burritos	400	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
spicy chicken/tapatío salad	1 EACH	422	410	51	868	6.24	3.38	55.1	1686	11.72	*10	22.4	43.32	18.27	2.72	*0.01
PEACH CUP	1 EACH	500	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
APRICOT CUP	1 EACH	100	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTSTREET CORN IN A CU P 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, Savory '24	Serv. 3oz	800	130	0	400	2.00	2.80	0.0	0	0.0	0	2.0	20.0	5.0	0.50	0.00
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Rialto Unified School District

Feb 10, 2025 thru Feb 14, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodim (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat* (g)
Wed - 02/12/2025																
Middle School Lunch	Total	3199														
Meatball Grinder, Beef '24	Serving(5 piece)	400	699	148	1434	6.39	7.09	464.9	970	17.47	*11	52.45	60.63	29.18	12.09	*0.00
Chicken, Teriyaki and Rice '24	BOX	400	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken, Tangerine Sec-'24	BOX	400	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
PEPRONI PIZZA WEDGE ROS E&SHORE	Wedge(2 MMA/2G)	400	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
Spicy Chicken Sandwich WG-2013	Sand(2M MA/3G)	422	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Burritos	400	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Wrap, CRUNCHY CHICKEN 2024	1 EACH	422	503	114	880	5.15	3.33	133.1	3210	15.38	*2	26.91	44.78	25.45	7.14	*0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTSTREET CORN IN A CU P 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, Plain FRESH '24	5 OUNCE	800	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			687	78	1148	1762.3	3.81	517.8	6377	29.39	*34	35.07	93.54	19.84	6.11	*0.04
% of Calories											*19.6%	20.4%	54.5%	26.0%	8.0%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Rialto Unified School District

Feb 10, 2025 thru Feb 14, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 02/13/2025																
Middle School Lunch	Total	3199														
Jambalaya, Chicken '24	Servings	400	353	*77	1126	3.87	2.98	53.6	*576	29.03	*5	18.29	41.29	15.42	2.83	*0.00
CORNBREAD,reg,frz egg'24	1 EACH	400	182	23	218	2.28	1.42	132.5	67	0.22	*7	4.9	29.89	5.19	0.59	*0.00
Chicken, Teriyaki and Rice '24	BOX(2M MA/2G)	400	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken,Tangerine Sec-'24	BOX(2M MA/2G)	400	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
CHEESEBURGER,W/ BUZZ'23	1 EACH	400	331	62	547	3.00	3.24	232.5	175	0.0	*3	23.5	29.68	14.05	5.59	*0.16
Spicy Chicken Sandwich WG-2013	Sand(2M MA/3G)	300	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Burritos	422	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
SALAD,CHEF, '24	1 EACH	422	346	135	832	1.51	1.84	207.1	897	9.15	*5	16.47	22.97	23.29	5.73	*0.00
PEACH CUP	1 EACH	500	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
APRICOT CUP	1 EACH	100	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTSTREET CORN IN A CU P 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, Plain FRESH '24	5 OUNCE	800	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Rialto Unified School District

Feb 10, 2025 thru Feb 14, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholest (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 02/14/2025																
Middle School Lunch	Total	3199														
CHILI VERDEFRIES w/cheese-2018	SERVING,	400	476	118	1119	2.61	2.25	120.5	129	13.95	*1	40.82	33.04	20.07	6.07	*0.00
Rolls, dinner,wht GalassosSEC	1 each	400	80	0	149	1.00	1.00	47.8	10	0.0	2	2.99	15.94	1.0	0.00	0.00
Chicken, Teriyaki and Rice '24	BOX	400	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken, Tangerine Sec-'24	BOX	400	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	422	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Serving	400	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Salad, TACO '23	1 each	422	704	72	997	11.68	5.20	332.3	1655	10.58	*8	32.35	65.49	37.6	10.35	*0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTSTREET CORN IN A CU P 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, Plain FRESH '24	5 OUNCE	800	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
Carrot Nibbles MS/HS.	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	700	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BERRY BERRY BLUE '23	container s, 4oz	700	80	0	0	0.00	0.00	0.0	75	90.0	15	0.0	19.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	container s, 4oz	700	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Rialto Unified School District

Feb 10, 2025 thru Feb 14, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			695	64	1075	1762.3	3.55	463.2	6240	47.56	*42	32.46	101.66	18.30	4.78	*0.04
% of Calories											*23.9%	18.7%	58.5%	23.7%	6.2%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

Weighted Average			660	*69	1103	1762.1	3.64	480.7	*6186	37.68	*37	31.87	95.13	17.66	4.87	*0.05
											*50.6%	19.3%	57.7%	24.1%	6.6%	*0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	660		600 - 700	100%				
Cholesterol (mg)	69				Missing			
Sodium 1 (mg)	1103		1360	81%				
Sodium 1a (mg)	1103		1225	90%				
Fiber (g)	1762.18							
Iron (mg)	3.64							
Calcium (mg)	480.7							
Vitamin A (IU)	6186				Missing			
Sugars (g)	37	22.48%			Missing			
Vitamin C (mg)	37.68							
Protein (g)	31.87	19.32%						
Carbohydrate (g)	95.13	57.67%						
Total Fat (g)	17.66	24.09%	<=30.00%					
Saturated Fat (g)	4.87	6.64%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.05	0.06%			Missing			

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<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Rialto Unified School District

Feb 17, 2025 thru Feb 21, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 02/18/2025																
Middle School Lunch	Total	3199														
TACO Walkin,Beef,- '24	Serving	400	498	62	781	4.42	2.51	279.6	1096	6.24	*3	20.84	30.83	32.16	11.21	*0.00
Chicken, Teriyaki and Rice '24	BOX(2M MA/2G)	400	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken, Tangerine Sec-'24	BOX(2M MA/2G)	400	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
CHEESEBURGER,W/ BUZZ'23	1 EACH	300	331	62	547	3.00	3.24	232.5	175	0.0	*3	23.5	29.68	14.05	5.59	*0.16
Spicy Chicken Sandwich WG-2013	Sand(2M MA/3G)	422	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Burritos	400	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
spicy chicken/tapatío salad	1 EACH	422	410	51	868	6.24	3.38	55.1	1686	11.72	*10	22.4	43.32	18.27	2.72	*0.01
PEACH CUP	1 EACH	500	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
APRICOT CUP	1 EACH	100	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTSTREET CORN IN A CU P 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, Savory '24	Serv. 3oz	800	130	0	400	2.00	2.80	0.0	0	0.0	0	2.0	20.0	5.0	0.50	0.00
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Rialto Unified School District

Feb 17, 2025 thru Feb 21, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Generated on: 2/4/2025 10:25:10 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 02/19/2025																
Middle School Lunch	Total	3199														
Torta,Pork Fully Loaded '24	1 EACH	400	486	88	353	9.95	3.16	131.7	5273	13.57	5	40.67	42.69	19.21	3.27	0.02
Chicken, Teriyaki and Rice '24	BOX	400	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken,Tangerine Sec-'24	BOX	400	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
PEPRONI PIZZA WEDGE ROS E&SHORE	Wedge(2 MMA/2G)	400	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
Spicy Chicken Sandwich WG-2013	Sand(2M MA/3G)	422	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Burritos	400	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Wrap, CRUNCHY CHICKEN 2024	1 EACH	422	503	114	880	5.15	3.33	133.1	3210	15.38	*2	26.91	44.78	25.45	7.14	*0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTSTREET CORN IN A CU P 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, Plain FRESH '24	5 OUNCE	800	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM Tajin 2022	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			660	70	1013	1762.7	3.32	476.1	6915	28.90	*33	33.60	91.30	18.59	5.01	*0.04
% of Calories											*20.0%	20.4%	55.3%	25.4%	6.8%	*0.1%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

Feb 17, 2025 thru Feb 21, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Generated on: 2/4/2025 10:25:10 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 02/20/2025																
Middle School Lunch	Total	3199														
Chicken & Waffles, WG 2024	Serving	400	395	34	635	4.00	3.08	40.0	182	87.0	20	19.0	60.06	10.0	2.00	0.00
Chicken, Teriyaki and Rice '24	BOX(2M MA/2G)	400	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken, Tangerine Sec-'24	BOX(2M MA/2G)	400	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
CHEESEBURGER,W/ BUZZ'23	1 EACH	400	331	62	547	3.00	3.24	232.5	175	0.0	*3	23.5	29.68	14.05	5.59	*0.16
Spicy Chicken Sandwich WG-2013	Sand(2M MA/3G)	300	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Burritos	422	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
SALAD,CHEF, '24	1 EACH	422	346	135	832	1.51	1.84	207.1	897	9.15	*5	16.47	22.97	23.29	6.73	*0.00
PEACH CUP	1 EACH	500	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
APRICOT CUP	1 EACH	100	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTSTREET CORN IN A CU P 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, Plain FRESH '24	5 OUNCE	800	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00

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# Rialto Unified School District

Feb 17, 2025 thru Feb 21, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Page 8

Generated on: 2/4/2025 10:25:11 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 02/21/2025																
Middle School Lunch	Total	3199														
Pozole, Red Turkey'22 SEC	14 oz	400	216	48	1127	2.17	2.16	16.7	762	1.88	*1	20.76	17.41	6.28	2.31	*0.00
TORTILLA CHIPS-'24	Serv.(2oz)	400	280	0	300	3.00	0.40	33.3	4	0.0	1	2.67	30.67	16.0	2.27	0.00
Roll, dinner,white,wht Galassos	1 each	400	150	0	270	3.00	1.80	80.0	15	0.0	3	7.0	29.0	2.0	0.00	0.00
Chicken, Teriyaki and Rice '24	BOX	400	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken, Tangerine Sec-'24	BOX	400	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	422	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Serving	400	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Salad, TACO '23	1 each	422	704	72	997	11.68	5.20	332.3	1655	10.58	*8	32.35	65.49	37.6	10.35	*0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTREET CORN IN A CU P 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, Plain FRESH '24	5 OUNCE	800	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	700	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BERRY BERRY BLUE '23	container s, 4oz	700	80	0	0	0.00	0.00	0.0	75	90.0	15	0.0	19.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	container s, 4oz	700	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00

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# Rialto Unified School District

Feb 17, 2025 thru Feb 21, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			706	56	1129	1762.9	3.69	458.5	6321	46.05	*42	30.78	105.18	18.70	4.60	*0.04
% of Calories											*23.6%	17.4%	59.6%	23.8%	5.9%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

Weighted Average			657	64	1067	1762.4	3.54	463.1	6350	39.11	*37	31.08	95.13	17.70	4.65	*0.05
											*51.0%	18.9%	57.9%	24.2%	6.4%	*0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	657		600 - 700	100%				
Cholesterol (mg)	64							
Sodium 1 (mg)	1067		1360	78%				
Sodium 1a (mg)	1067		1225	87%				
Fiber (g)	1762.41							
Iron (mg)	3.54							
Calcium (mg)	463.1							
Vitamin A (IU)	6350							
Sugars (g)	37	22.65%			Missing			
Vitamin C (mg)	39.11							
Protein (g)	31.08	18.91%						
Carbohydrate (g)	95.13	57.88%						
Total Fat (g)	17.70	24.23%	<=30.00%					
Saturated Fat (g)	4.65	6.37%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.05	0.06%			Missing			

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Rialto Unified School District

Feb 24, 2025 thru Feb 28, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Generated on: 2/4/2025 10:25:32 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 02/24/2025																
Middle School Lunch	Total	3199														
Bean and cheese Pupusa '24	1 each	400	290	15	480	4.00	1.08	200.0	5	0.0	1	13.0	35.0	11.0	3.50	0.00
Curtido, Homemade 2024	Servings	400	30	0	46	2.00	0.34	32.0	3508	19.33	*2	0.96	6.43	0.12	0.03	*0.00
Chicken, Teriyaki and Rice '24	BOX(2M MA/2G)	400	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken, Tangerine Sec-'24	BOX(2M MA/2G)	400	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
PEPRONI PIZZA WEDGE ROS E&SHORE	Wedge(2 MMA/2G)	400	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
Spicy Chicken Sandwich WG-2013	Sand(2M MA/3G)	422	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Burritos	400	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
PROTEIN BOX MIDDLE SCHOOL '24	1 EACH	422	617	27	902	9.34	4.57	290.8	3163	15.46	*6	16.79	58.43	41.22	9.75	*0.12
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTTESTREET CORN IN A CUP 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, Plain FRESH '24	5 OUNCE	800	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	400	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BERRY BERRY BLUE '23	container s, 4oz	400	80	0	0	0.00	0.00	0.0	75	90.0	15	0.0	19.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	container s, 4oz	400	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Rialto Unified School District

Feb 24, 2025 thru Feb 28, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 02/24/2025																
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			679	50	1041	1762.8	3.35	509.5	6823	40.88	*38	28.92	99.07	19.66	5.39	*0.05
% of Calories											*22.5%	17.0%	58.3%	26.1%	7.1%	*0.1%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

Feb 24, 2025 thru Feb 28, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Page 4

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 02/25/2025																
Middle School Lunch	Total	3199														
Chicken, Kung Pao, Yangs '24	BOX	400	239	45	944	3.14	6.26	29.0	4294	22.34	*7	17.82	29.67	6.21	1.51	*0.00
Chicken, Teriyaki and Rice '24	BOX(2M MA/2G)	400	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken, Tangerine Sec-'24	BOX(2M MA/2G)	400	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
CHEESEBURGER, W/ BUZZ'23	1 EACH	300	331	62	547	3.00	3.24	232.5	175	0.0	*3	23.5	29.68	14.05	5.59	*0.16
Spicy Chicken Sandwich WG-2013	Sand(2M MA/3G)	422	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO, BEEF BEAN & CHSE-2017	Burritos	400	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
spicy chicken/tapatío salad	1 EACH	422	410	51	868	6.24	3.38	55.1	1686	11.72	*10	22.4	43.32	18.27	2.72	*0.01
PEACH CUP	1 EACH	500	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
APRICOT CUP	1 EACH	100	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTSTREET CORN IN A CU P 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, Savory '24	Serv. 3oz	800	130	0	400	2.00	2.80	0.0	0	0.0	0	2.0	20.0	5.0	0.50	0.00
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES, Fresh PKG '23	serv.(1/2 cup)	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	Serv (1/2 Cup)	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Rialto Unified School District

Feb 24, 2025 thru Feb 28, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Page 6

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Wed - 02/26/2025</b>																
Middle School Lunch	Total	3199														
Soup, Beef Albondiga '25	Serv.	400	455	105	593	4.65	5.12	205.8	9670	21.26	*8	34.34	39.86	17.05	6.51	*0.00
TORTILLA CHIPS-'24	Serv.(2oz)	400	280	0	300	3.00	0.40	33.3	4	0.0	1	2.67	30.67	16.0	2.27	0.00
Chicken, Teriyaki and Rice '24	BOX	400	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken, Tangerine See-'24	BOX	400	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
PEPRONI PIZZA WEDGE ROS E&SHORE	Wedge(2 MMA/2G)	400	350	35	590	4.00	1.44	350.0	500	3.6	4	18.0	31.0	17.0	8.00	0.00
Spicy Chicken Sandwich WG-2013	Sand(2M MA/3G)	422	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Burritos	400	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Wrap, CRUNCHY CHICKEN 2024	1 EACH	422	503	114	880	5.15	3.33	133.1	3210	15.38	*2	26.91	44.78	25.45	7.14	*0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTTESTREET CORN IN A CU P 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, Plain FRESH '24	5 OUNCE	800	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
Carrot Nibblets MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			691	72	1080	1762.4	3.61	489.6	7465	29.86	*33	33.14	94.78	20.32	5.70	*0.04
% of Calories											*19.4%	19.2%	54.9%	26.5%	7.4%	*0.0%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Rialto Unified School District

Feb 24, 2025 thru Feb 28, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Page 8

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 02/27/2025																
Middle School Lunch	Total	3199														
CHILI CHEESE DOG2018	1 EACH	400	398	53	943	3.50	2.32	263.5	350	0.0	*1	19.03	29.61	23.15	10.09	*0.00
Chicken, Teriyaki and Rice '24	BOX(2M MA/2G)	400	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken, Tangerine Sec-'24	BOX(2M MA/2G)	400	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
CHEESEBURGER,W/ BUZZ'23	1 EACH	400	331	62	547	3.00	3.24	232.5	175	0.0	*3	23.5	29.68	14.05	5.59	*0.16
Spicy Chicken Sandwich WG-2013	Sand(2M MA/3G)	300	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO,BEEF BEAN & CHSE-2017	Burritos	422	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
SALAD,CHEF, '24	1 EACH	422	346	135	832	1.51	1.84	207.1	897	9.15	*5	16.47	22.97	23.29	5.73	*0.00
PEACH CUP	1 EACH	500	53	0	3	1.02	0.21	1.7	161	53.41	13	0.36	13.6	0.07	0.01	0.00
Strawberry Cup, Froz. - 2017	1 each	100	81	0	9	2.46	0.88	18.8	53	48.36	15	0.5	20.88	0.0	0.00	0.00
APRICOT CUP	1 EACH	100	61	0	2	1.34	0.51	6.3	522	5.65	*N/A*	0.41	15.62	0.1	0.00	*N/A*
Mixed Berry, Froz. 2019	1 each	100	90	0	0	2.00	0.00	0.0	80	0.0	16	0.0	20.0	0.0	0.00	0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTSTREET CORN IN A CU P 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, Plain FRESH '24	5 OUNCE	800	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES,Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK,1% DW 2024	EACH(1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Talln 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Rialto Unified School District

Feb 24, 2025 thru Feb 28, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 02/28/2025																
Middle School Lunch	Total	3199														
Penne, Alfredo, Chx & Broc '24	Serv.	400	332	65	889	10.63	1.40	329.9	687	22.74	6	23.82	32.46	11.96	5.99	0.09
bread, stick '23	1 each	400	99	0	94	0.99	1.43	0.0	5	0.0	1	0.99	14.88	2.98	0.50	0.00
Chicken, Teriyaki and Rice '24	BOX	400	329	71	684	3.47	2.02	16.7	4780	2.91	*7	21.63	48.99	5.55	1.10	0.00
Chicken, Tangerine Sec-'24	BOX	400	360	40	646	3.47	2.00	26.5	4750	2.91	*12	17.32	62.43	4.97	0.10	0.00
Spicy Chicken Sandwich WG-2013	1 EACH	422	366	62	670	5.00	3.80	109.0	88	11.0	*3	21.0	42.0	14.0	2.00	0.00
BURRITO, BEEF BEAN & CHSE-2017	Serving	400	409	48	563	8.37	3.74	337.8	188	0.28	*2	22.43	45.03	15.38	5.87	*0.00
YOGURT PARFAIT W/ GRANO LA 2023	serving	422	381	12	184	3.33	1.47	443.4	455	48.69	*5	14.24	72.41	4.7	2.15	*0.00
Salad, TACO '23	1 each	422	704	72	997	11.68	5.20	332.3	1655	10.58	*8	32.35	65.49	37.6	10.35	*0.00
BEANS, PINTO SEASONED-2017	1/2 Cup BP	100	64	0	259	3.21	1.21	45.2	70	2.89	*0	3.44	11.71	0.61	0.12	*0.00
ELOTSTREET CORN IN A CU P 2018	Serving	100	98	5	362	11224.	0.26	43.7	45	1.48	*5	3.0	13.99	4.07	1.05	1.04
GARDEN SALAD-2014	1 EACH	750	40	0	15	1.11	0.78	16.2	4983	19.68	3	2.01	8.79	0.17	0.03	0.00
Potato Wedges, Plain FRESH '24	5 OUNCE	800	203	0	123	1.84	1.22	18.5	1	8.08	*1	3.03	25.61	10.36	1.60	0.00
Carrot Nibbles MS/HS	package	1300	35	0	65	2.00	0.00	0.0	6000	0.0	5	0.0	8.0	0.0	0.00	0.00
SLUSH, KIWI STRAWBERRY '23	container s, 4oz	700	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
SLUSH, BERRY BERRY BLUE '23	container s, 4oz	700	80	0	0	0.00	0.00	0.0	75	90.0	15	0.0	19.0	0.0	0.00	0.00
SLUSH, BLUE RASPBERRY '23	container s, 4oz	700	60	0	15	0.00	0.36	0.0	500	0.0	12	0.0	15.0	0.0	0.00	0.00
APPLES, Fresh	1 EACH	734	72	0	1	3.31	0.17	8.3	75	6.35	14	0.36	19.06	0.23	0.04	0.00
GRAPES, Fresh PKG '23	serving	365	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
Asian Pears, Fresh 2017	serving	100	51	0	0	4.39	0.00	4.9	0	4.64	9	0.61	12.99	0.28	0.01	0.00
BANANAS	1 EACH	342	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
ORANGE WEDGES '23	1 EACH	367	45	0	0	2.30	0.10	38.4	216	51.07	9	0.9	11.28	0.12	0.01	0.00
MILK, 1% DW 2024	EACH (1/2 pint)	1200	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	2000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Ketchup, 2017	PKG	1199	10	0	85	0.00	0.00	0.0	10	0.0	2	0.0	3.0	0.0	0.00	0.00
MUSTARD	PKG	200	3	0	53	0.14	0.08	3.6	7	0.21	0	0.18	0.41	0.16	0.01	0.00
MAYONNAISE / PKGS	9 GRAMS	400	28	5	85	11222.	0.04	1.2	7	0.01	1	0.09	2.08	2.07	0.35	0.03
DRESSING, RANCH#2-HS/MS	OUNCE	400	65	6	134	0.03	0.02	17.8	1	0.15	*1	0.51	1.98	7.1	1.19	*0.00
Sauce, Taco, Tapatio 2017	1 each	400	1	0	54	0.03	0.00	0.0	0	0.0	*N/A*	0.04	0.15	0.01	0.00	0.01
SOY SAUCE, LOW SODIUM	PACKETT	422	10	0	575	0.00	0.00	0.0	0	0.0	*N/A*	1.0	1.0	0.0	0.00	0.00
Tajin 2022	PKG	400	2	0	127	0.00	0.00	0.0	0	5.4	0	0.0	0.0	0.0	0.00	0.00

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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# Rialto Unified School District

Feb 24, 2025 thru Feb 28, 2025

Base Menu Spreadsheet

Middle School Lunch

Portion Values - Detailed

Generated on: 2/4/2025 10:25:32 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			680	58	1040	1763.3	3.50	483.4	6309	48.66	*42	30.08	101.46	17.53	4.84	*0.05
% of Calories											*24.8%	17.7%	59.7%	23.2%	6.4%	*0.1%
Nutrient Guideline			600-700		1360									<=30.0	<10.00	

Weighted Average			656	62	1069	1762.4	3.60	479.4	6637	38.41	*37	30.34	95.08	17.88	4.95	*0.05
											*51.0%	18.5%	58.0%	24.5%	6.8%	*0.1%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	656		600 - 700	100%				
Cholesterol (mg)	62							
Sodium 1 (mg)	1069		1360	79%				
Sodium 1a (mg)	1069		1225	87%				
Fiber (g)	1762.48							
Iron (mg)	3.60							
Calcium (mg)	479.4							
Vitamin A (IU)	6637							
Sugars (g)	37	22.68%			Missing			
Vitamin C (mg)	38.41							
Protein (g)	30.34	18.49%						
Carbohydrate (g)	95.08	57.95%						
Total Fat (g)	17.88	24.53%	<=30.00%					
Saturated Fat (g)	4.95	6.78%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.05	0.07%			Missing			

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